

# Spiritual Astrology

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## The Sun

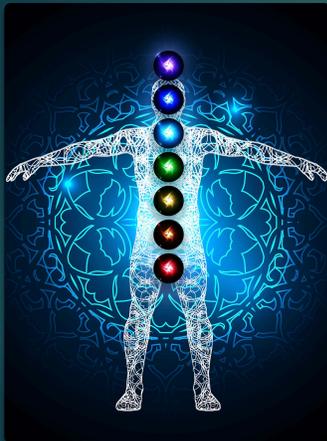


### Key Words for the Sun:

Vitality, creative, dynamic energy, personality traits, ego, sense of individuality

The Sun signifies our life force, creative energy, dynamism, warmth, and vitality. It highlights the sense of individuality and the drive to grow and develop. The Sun stands for the personal self, and the sign in which it is found signifies how that individuality can be expressed. The Sun represents the 'persona', or the personal self. It holds the possibility of all the ways in which we can shine, accomplish, and achieve success. The sign of the sun also speaks of the qualities and traits that we can develop easily because they are part of the natural path of the Sun as it rises through the day and through our lives.

## The Sun



Spirit

The expression of the sun through spirit is striving toward our full potential. Here we live beyond the obvious. We invite the manifestation of the self to be revealed, thereby finding fullness and potential. We also are willing to invite the shadow side of the personality to be seen, illumined, and to stand in the light of day for purification.



Soul

The Sun expressed through the Soul asks how we center ourselves by creating solidity and stability. The Sun here shows us how and why we avoid or engage with people and situations. We engage because we have the confidence, the strength or courage, the humility or poise to know what we can do.



Personality

The sun expressed through the personality speaks to what is most important to us in our lives and what is easy for us to do. What are we pleased about, proud about, and what we can become easily inflated about?

\*Content from [Astrology Illumined, Revealing the Soul through Astrology](#) by Donna Mitchell-Moniak and Sara Traub